

Keep the following items in your vehicle		 <b>TICK</b>
first aid kit;		
Water;		
snacks (with a long best before date);		
torch and spare batteries;		
phone charger that can plug into your car;		
Blankets;		
clothing – layers, warm and waterproof; spare footwear;		
gloves and thick socks;		
a shovel;		
radio – wind up or have spare batteries.		